



2023

KCPDC Professional Development Conference

THE POWER OF
CONNECTION,
CONVERSATION
AND CHANGE



Wednesday, May 24, 2023
Regnier Center 101
Johnson County Community College



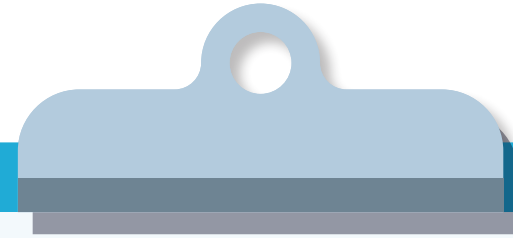
The Annual Professional Development Conference targets supervisory, technical and support employees in higher education. The conference provides an opportunity to learn and network with other higher education professionals within the Kansas City area.



THANK YOU TO OUR SPONSOR

KCPDC Professional Development Conference

Wednesday, May 24, 2023 | Regnier Center 101 | Johnson County Community College



SCHEDULE

8:30 a.m. – 9:00 a.m.	Registration and Continental Breakfast
9:00 a.m. – 9:05 a.m.	Welcome Regnier Center 101
9:05 a.m. – 10:15 a.m.	KEYNOTE: Sandra V. Brown, LCSW, LMSW, SAP Trainer & Organizational Development Consultant
10:25 a.m. – 11:25 a.m.	Concurrent Sessions 1
11:30 a.m. – 12:30 p.m.	Lunch/Atrium
Noon – 12:30 p.m.	Sustainability Walking Tour, meet in the Atrium
12:30 p.m. – 1:30 p.m.	Concurrent Sessions 2
1:40 p.m. – 2:40 p.m.	Concurrent Sessions 3
2:50 p.m. – 3:50 p.m.	Concurrent Sessions 4
3:50 p.m. – 4:00 p.m.	Closing Remarks & Door Prize Drawing (Must be present to win)

KEYNOTE

SANDRA V. BROWN, LCSW, LMSW, SAP TRAINER & ORGANIZATIONAL DEVELOPMENT CONSULTANT



After coaching professionals for over 20 years, Sandra Brown will share her insight on the themes that continually arise. A few examples include how people communicate, how they impact others, how they internalize messages and how they engage when discussing issues. This keynote program will highlight five key areas of challenge and opportunity to grow your professional impact on others and heighten opportunities for success.

- Five areas where professionals complicate their own efforts
- Growth strategies for each obstacle
- Personal development plan for success

SESSION 1

10:25 – 11:25 a.m.

Communication Across Generations in the Workplace

Regnier Center 175

Alyssa Crites, Johnson County Community College

In a multigenerational organization, it is important to be open and aware of the diverse values each employee carries. Therefore, communication across generations within the workplace will foster a courageous conversation we can have about the differences in work ethic, motivation and values each person holds. Having a better understanding of these values on a generational level will lead to filling the gaps between communication and collaboration. The purpose of this interactive discussion is to dispel the misconceptions of the different generations to showcase what each really wants in the workplace, and how we can use our differences to foster a positive work environment.

Dancing with the Stars – Professional Collaboration

Regnier Center 145

Dr. Neil Friesland, MidAmerica Nazarene University

This session helps attendees reflect on their motivation, goals and processes related to collaborative relations and actions in a professional setting. Additional attendees will critique their own “style” of collaboration and consider what can increase the success of reaching specific goals.

Inspiring a Creative Approach to Build a Motivational Mindset

Regnier Center 181

Sheila Joseph, Kansas City Kansas Community College

Cathy McDonald, Baker University

The purpose of this interactive session is to provide a forum to help participants understand the power of their mindset and how it can impact their success and those around them. Participants will learn how to identify limiting beliefs, cultivate a growth mindset and overcome challenges with resilience and determination.

Social Media Connections in the Classroom

Regnier Center 183

Tasha Riggins, Baker University

This session will examine how social media use can heighten student engagement and course material application in the classroom. We will examine how research, writing and audience awareness can all be enhanced using social networking sites in the classroom. By working in a “place” where students spend a majority of their time, instructors can also make the material seem more accessible and fun to a broad range of students.

SESSION 2

12:30 – 1:30 p.m.

Navigating Conflict with Low Stress and Successful Outcomes Regnier Center 181

Sandra Brown, The Employer's Resource

We experience conflict in both personal and professional settings. Sometimes trying to stay calm is just not enough to effectively navigate those situations. We will discuss easy to remember strategies for those stressful conversations. I use techniques to help conflict move to resolution without lingering tension.

Public Speaking and Presentations

Regnier Center 175

Carissa Sadique, Johnson County Community College

Are you having trouble engaging audiences for your presentations? Do you wonder if there's anything new to public speaking? Look no further than this session! Featuring a grab bag of the latest standards for public speaking and presentations as well as mini tutorials for PowerPoint, this presentation will include accessibility, content, design, speaking, understanding audience and closing. By the end of this session, you should have the skills to:

- Make your presentation accessible to all.
- Know how to make engaging presentations quickly.
- Uncover new tools for overcoming common speaking issues like eye contact, body language and avoiding fillers.

Bonus: It's Disney themed!

Inward and Onward

Regnier Center 145

Nicoya Helm, Nicoya Helm LLC

Come explore how inner reflection can help you enact outer change. In this interactive session, you'll learn how mindfulness meditation builds emotional clarity, how to use that clarity to find your core personal values and how knowing those values can help you make changes big and small. Session includes a guided meditation, values-finding activity and resources for continuing the process beyond the workshop.

Communities of Inquiry to Enhance Learning

Regnier Center 183

Tara Burnham, Baker University

This session will discuss the importance of social presence, cognitive presence and teacher presence in a classroom and the impact that a strong Community of Inquiry has on learning and success. The principles from the Communities of Inquiry framework can be applied in person, in blended settings and online. During this session, participants will develop an understanding of the main elements of successful Communities of Inquiry and evaluate their current practice and ways to improve Communities of Inquiry in their classrooms. This session will be interactive and require reflection and evaluation of current practices and goals.

SESSION 3

1:40 – 2:40 p.m.

Delivering Critical Feedback Without Lowering Engagement Regnier Center 181

Sandra Brown, The Employer's Resource

Providing critical feedback is often a dreaded conversation. However, such information can be vital to an individual's growth and success. There are strategies for delivering critical messages which lessen defensive responses. Learn how to provide such feedback so that the receiver hears both your message and your desire to help them improve.

Be a Great Coach

Regnier Center 145

Susan Hoffman, Johnson County Community College

Be a Great Coach is a session designed to enhance a leader's understanding of what coaching is and to also help leaders overcome misconceptions and limitations they may have as they think about "coaching." In this session, you will:

- Explore coaching as a highly effective "style of communication."
- Understand how and why coaching works.
- Examine the two different types of coaching you do as a leader.
- Practice foundational communication skills that make you a great coach.

Building Trust, Communication and Respect at Work: Enhance Your Multigenerational Culture

Regnier Center 175

Zac Jarrard, Jarrard Consulting, LLC

Higher education institutions are often made up of multigenerational student bodies and teams who need to work together. Sometimes, different generations do not get along or understand each other. This can harm organizational culture, recruitment, retention and decrease team performance. Universities or colleges that can tap into generational strengths will foster organizational excellence, diversity and inclusion. This session will examine the Silent Generation to Generation Alpha, provide tools for leading and engaging multigenerational student bodies or teams, and examine emerging trends.

Changing the Direction of Inflammation

Regnier Center 183

Dr. Loree Weir, Baker University

Good health is the cornerstone to a productive life. Unfortunately, many suffer from chronic conditions or diseases that may hinder the best quality of life possible. In this interactive session, participants will gain a better understanding of how inflammation is a key factor in many chronic conditions and diseases and gain practical knowledge and skills to take steps to reduce inflammation in their own bodies. Good health happens on purpose. Participants will leave feeling empowered to meet this purpose.

Learning objectives:

- Learn about the significance of inflammation as it relates to chronic disease.
- Understand the different types of inflammation and causes for both.
- Identify lifestyle factors and daily practices that can promote and reduce chronic inflammation.
- Define two personal lifestyle goals that will reduce inflammation.

Strategies to Modify Your Communication for Greater Impact Regnier Center 181**Sandra Brown, The Employer's Resource**

Improving our communication skills is a lifelong journey. There is no such thing as the “perfect communicator.” Often, we embrace styles which work against our goals. In this discussion, you will have a chance to grow your communication effectiveness. Identify patterns of which you may not be aware. Learn strategies for modifying your style for greater impact. Identify how others’ communication patterns can inform your responses.

Create a Culture of Engagement

Regnier Center 145

Susan Hoffman, Johnson County Community College

Create a Culture of Engagement is designed to provide specific ways that individual leaders can increase employee engagement within their team and among those they regularly interact with. This session focuses on individual leaders and their ability to positively influence engagement levers one-to-one.

After completing this session, participants will be able to:

- Understand the powerful link between employee engagement and business results.
- Have a clear definition of what employee engagement is and why it's important.
- Understand your own individual level of engagement and your team's level.
- Implement six strategies that you, as an individual leader, can use to create a culture of engagement.

And the Research Says....

Regnier Center 175

Dr. Roger Dusing, OMNI Human Resource Management**Dr. Dale Marrant, Cleveland University – Kansas City**

Drs. Marrant and Dusing (both former KCPDC Board Members) each conducted dissertation research on the relationships between employee satisfaction and organizational success in higher education. In this spellbinding session, they will present the results of their research and talk about the hows and whys of employee engagement.

Learning Objectives:

- Understand what current academic research tells us about employee engagement.
- Review practitioner-focused research related to employee engagement and organizational outcomes.
- Identify practice steps for increasing employee engagement on any budget.

Storying Ourselves: Narrative Identity Development

Regnier Center 183

Addison Lucchi, MidAmerica Nazarene University

This session will apply literature on storying and writing theory towards personal and professional identity development. Through the way we weave stories around the events of our lives—past, present and future—we make meaning. Participants will be guided through the storying process with a workshop-based approach that utilizes reflective writing and storytelling. Connections will be made towards teaching and learning, as who we are in the classroom influences the identity development of our students. This workshop framework can be adapted by instructors for their own classrooms, as they help students through the same storying process.

Learning Objectives:

- Participants will reflect upon their instructional experiences and stories.
- Participants will practice a workshop-based model that can be used to help students make sense of their own stories.

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Wi-Fi

You may access free Wi-Fi during the conference by joining the JCCC-Guest wireless network.

Here are the instructions on how to connect:

1. From a wireless device, go to your Settings or click the Wi-Fi icon to find available networks.
2. Select JCCC-Guest. A login page will automatically load.
3. Scroll to the bottom of the page to click on Create a self-service guest account (under the Sign On button).
4. Enter email address (*required fields) to generate a guest wireless user ID/password to use while on campus.
5. Select Register. An email with the assigned username and password will automatically be emailed to you.
6. On the following page you can bypass the Email Me button and click Sign On.

This guest user **access is valid for the current business day**. If you log off and need to log on again, you may need to re-enter the login information that was emailed to you. If you will be on campus for multiple days, you will need to generate a new user ID/password each day.

Program/Event Accessibility

Need an accommodation? Visit the Conference Registration desk or request assistance from a planning committee member.



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